

Smoking Cessation Treatment Patient Information and Agreement Form

1. BEFORE TREATMENT:

The objective of the Pulsed Biofeedback treatment is for our patients to be completely free from the addictive patterns of nicotine. Part of the process is for us to provide you with the assurance that this treatment is an effective method in your path to wellness.

As with any smoking cessation treatment, the practitioner must take steps to make sure that the patient is ready to be rid of his/her addiction, which is why we have the initial interview.

2. TREATMENT:

Bring a 1 gallon plastic bottle of water, which will be used to store energy during therapy. Details will be explained during the initial interview. The treatment lasts about an hour. There are 7 steps during the treatment which include Revitalization, Interference, Polyneuropathy, Addiction, Oxygen Exchange, Detoxification, and Interference. Because your body will be detoxified, you must drink a minimum of 2 liters of water every day for 14 days after treatment. This is to aid the body in elimination of the toxins.

3. AFTER TREATMENT:

In order to ensure success of the treatment the patient must be able to refrain from stimulants that will reverse the treatment for 24 hours.

The patient must eliminate:

- COFFEE
- TEA
- SPIRITS OF ANY KIND
- CAFFEINATED SODA
- OVER THE COUNTER OR PRESCRIPTION DIET PILLS
- CHOCOLATE

These stimulants must be avoided for 24 hours after treatment. If this rule is not heeded, a subsequent “full treatment” will be required. **Remember: the key is to keep all nicotine away from the body. This includes all nicotine products, i.e., gum, patches or inhalers.**



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4. FOLLOW UP TREATMENTS:

There are a few individuals who may have the need for a follow up treatment. This is not something we can measure or detect in advance, however, there are signals that your body will send letting you know that a follow up treatment is necessary. If you experience any one or more of the following, contact the practitioner immediately to schedule a follow up treatment:

IRRITABILITY

AGITATION

EXTREME MOOD SWINGS

SADNESS

PROBLEMS WITH SLEEPING

UNEASINESS

These are the most common signals if they occur...it is not a given that they will. If you experience anything out of the ordinary and are uneasy or experiencing discomfort because of it, understand we certainly can and will help you with it.

THIS FOLLOW UP TREATMENT WILL BE FREE OF CHARGE

Follow up treatments can only be administered as long as nicotine has not been re-introduced into the body. **This does not include second hand smoke. Though second hand smoke is unhealthy, it cannot trigger you into smoking again.**

Follow up treatments will be patient-specific and will be administered with opening, revitalizing, and polyneuropathy programs. **Only if you are experiencing the physical urge to smoke will the addiction program be re-administered.**

If you understand the above paragraphs, and are willing to accept Paragraph #3, "After Treatment", please sign and date below and bring it with you to your appointment.

Signature: _____ Date: _____

With a 90% success rate in Europe (approx.. 20,000 patients) this same Smoking Cessation Treatment will turn your life around...



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